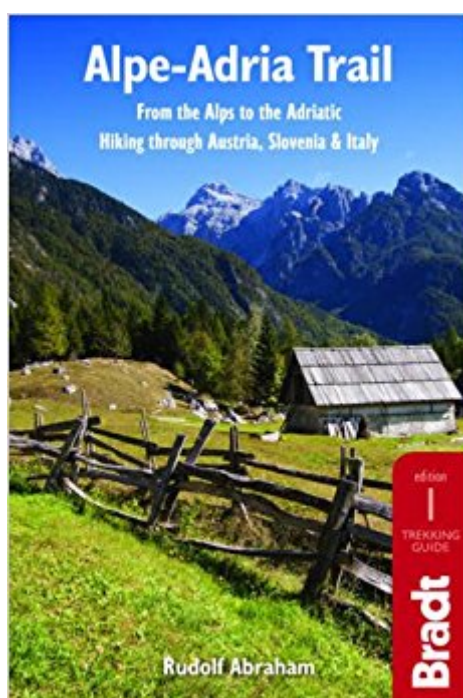


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# Alpe-Adria Trail: From The Alps To The Adriatic: A Guide To Hiking Through Austria, Slovenia And Italy (Bradt Travel Guide Alpe-Adria Trail: From The Alps To The Ad)



## Synopsis

This is the first English-language guide to the epic new 750-km hiking route through the mountains of Austria, Slovenia and Italy, from the foot of the Grossglockner (at 3,798m, the highest peak in Austria and the Eastern Alps) to Muggia near Trieste on the Adriatic coast. Detailed maps and route descriptions for all 44 stages of the route are included, with a clear breakdown of time, distance and ascent for each stage. Published in a small, handy-sized format which is easy to pack and carry, it is written by an expert who has authored over half a dozen hiking guides and who specialises in Eastern and Central Europe. He has been a regular visitor to the borderlands of Slovenia, Austria and Italy for over 15 years, as well as living for two years in neighbouring Croatia. The Alpe-Adria route is well marked, relatively easy to walk and is suitable for hikers of all abilities as well as families. A point which is emphasised in the guide. The route takes in spectacular, unspoilt mountain scenery, alpine lakes, rolling coastal hills, beautiful villages and several national parks and nature reserves. An introduction covering the history, wildlife, flora and geography of the area is included, along with accommodation details for each stage and information on local public transport, culture, food and language.

## Book Information

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## Customer Reviews

Rudolf Abraham is an award-winning travel writer and photographer specialising in Eastern and Central Europe. He has been a regular visitor to the borderlands of Slovenia, Austria and Italy for over 15 years, and lived for two years in neighbouring Croatia. He is the author of more than half a

dozen hiking guides(including the first English language guidebooks to hiking in Croatia and Montenegro)as well as several other books, and has contributed to many more, includingseveral books on art and architecture. His work is published widely inmagazines.

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